



## FREQUENTLY ASKED QUESTIONS

### How do I get there, can I get a ride?

CARPOOLING is the only real option. Port Stanley is about 2.5 hours southwest of Toronto, on the north shore of Lake Eerie.

Dr. Pickrell generally rents a van, which is room enough for 1-4 passengers (first come, first served. More detail on this in an upcoming email). Otherwise, you will need to hitch a ride with a colleague.

### What if I don't have a tent or camping gear?

If you do not have a tent, sleeping bag, air mattress or tarps for camping, you have 2 options:

- 1) Borrow someone else's.
- Stay at a local hotel/inn in Port Stanley (all of which are only about 2-5 minute drive away from the LAND). Cost for hotel accommodation is separate, and not included in workshop price. Check here for places to stay: <u>http://www.portstanley.net/stay/</u>

### If I camp, will I be warm enough at night?

The May and September workshops can be chilly at night. You will want to have tarps and a groundsheet for your tent to protect against rain and ground moisture, an air mattress/thermarest and a good sleeping bag or several warm blankets. Dressing in layers for sleep is helpful too.

### What's that composting toilet thing all about?

It is an uncovered open-air compost toilet in the forest. There is a toilet seat, privacy walls and a catchment bin beneath the seat. All that is required is a generous sprinkle of sawdust over-top when your business is complete. No smell. Everything else is the same as most toilet experiences. Privacy and nature combine to make this a very roosty and enjoyable experience.





# How do we cook food? Is the food good?

Cooking facilities include BBQ with side burner and open fire cooking on a grill. Many participants prepare potluck dishes and lunches that require minimal cooking. Is the food good? Breakfast is hardy herbalist gruel (aka oatmeal). Saturday dinner is potluck. Saturday dinners tend to be a highlight... the food is generally AWESOME!! Lunches are as good as you want them to be (you are responsible for your own lunches. Sunday lunch tends to consist of leftovers from the potluck).

## Will I need to bring all my food with me for the whole weekend?

Not to worry, there is a small FOODLAND grocery store 2 minutes drive away. We usually do a grocery run on Saturday afternoon, if needed

### Is there a fridge on site?

No. It is best to bring your own cooler and ice. There will be minimal cooler space available for those without a cooler.

## How far away are we from civilization?

The LAND is located just on the edge of the hamlet of Port Stanley, ON. Amenities such as grocery store, LCBO, accommodations and beach are less than 5 minutes drive away.

### On a scale of 1-10, how likely am I to be eaten by a wild animal?

ZERO. The only wild animals you need to be concerned about are deer, squirrels, fox, bunny rabbits, wild turkeys and coyotes (all of these creatures are shy and will NOT come sniffing around your tent). Also, there are way less raccoons here than in downtown Toronto.